

# Upper East Area 3 Special Olympics 2019 Track & Field Registration

**INSTRUCTIONS:** Complete 1 registration form per athlete & please print clearly. Times and distances must be measured accurately to ensure that each athlete is divided correctly. **Registration due by 3/29/19 and can be emailed to [registration@area3sotn.com](mailto:registration@area3sotn.com)**

Coach/Teacher: \_\_\_\_\_

Coach/Teacher email: \_\_\_\_\_

*\*This email will be used to provide registration confirmation to you*

Agency/School: \_\_\_\_\_

Athletes Name: \_\_\_\_\_

Athlete Gender:  M  F Date of Birth: \_\_\_\_\_

Date of Medical: \_\_\_\_\_ Date of Release: \_\_\_\_\_

<u>EVENT</u>		<u>PRACTICE SCORE TRACK TIMES</u>		<u>FIELD MEASUREMENTS</u>
		<u>(Minutes)</u>	<u>(Seconds)</u>	
25 meter manual wheelchair race	Only manual wheelchair allowed. Athlete must complete this event independently.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		
25 meter motorized wheelchair race	Only motorized w/c allowed. Athlete must do this event independently.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		
10 meter assisted walk	Athlete may use assistive devices. Athlete may not receive assistance from a person.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		
50 meter assisted walk	Athlete may use assistive devices. Athlete may not receive assistance from a person.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		
50 meter dash	Athlete must be able to run (not walk) 50 meters without assistance.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		
100 meter dash	Athlete must be able to run (not walk) 100 meters without assistance.	Score 1: _____ : _____ . _____		N/A
		Score 2: _____ : _____ . _____		

200 meter dash	Athlete must be able to run (not walk) 200 meters without assistance.	(Minutes) (Seconds) Score 1: _____ : _____ . _____ Score 2: _____ : _____ . _____	N/A
400 meter run	Athlete must be able to run (not walk) 400 meters without assistance.	(Minutes) (Seconds) Score 1: _____ : _____ . _____ Score 2: _____ : _____ . _____	N/A
Softball Throw <b>(Non-wheelchair ONLY)</b>	Athlete must have the strength to throw a softball 3 times without assistance.		Score 1: _____ meters Score 2: _____ meters
Tennis Ball Throw <b>(Wheelchair ONLY)</b>	Same rules as softball throw. This event is for wheelchair athletes only.		Score 1: _____ meters Score 2: _____ meters
Standing long jump	Athlete must be able to jump 3 times without assistance.		Score 1: _____ meters Score 2: _____ meters
Mini-Javelin	Athlete must have the strength to throw a javelin 3 times without assistance.		Score 1: _____ meters Score 2: _____ meters